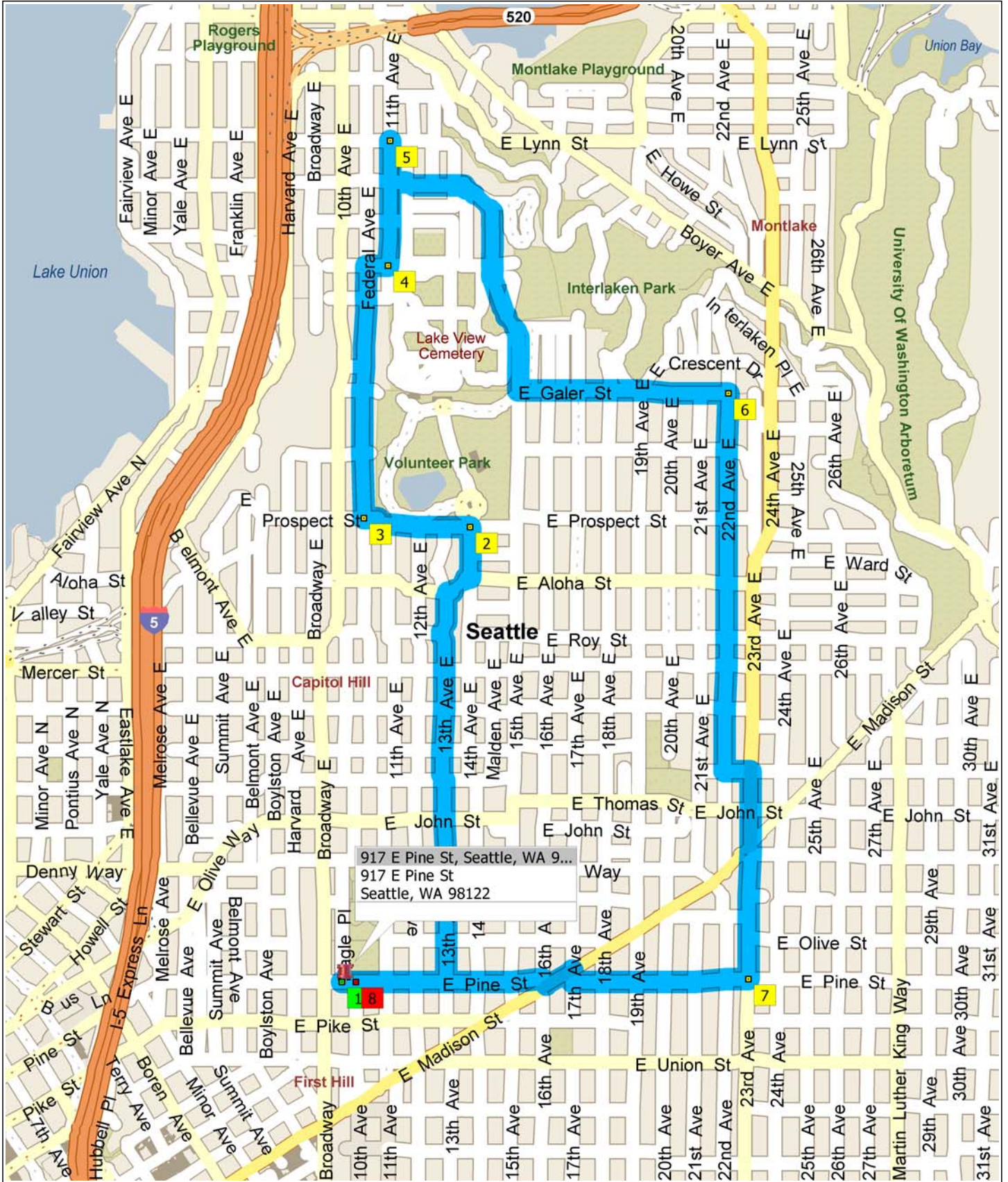


# ice cream run - 5 mi

5.3 miles; 20 minutes



9:00 AM	0.0 mi	<b>1</b> Depart 917 E Pine St, Seattle, WA 98122 [917 E Pine St, Seattle, WA 98122] on E Pine St (East) for 0.2 mi
9:00 AM	0.2 mi	Turn LEFT (North) onto 13th Ave (E) for 0.8 mi
9:03 AM	1.0 mi	Turn RIGHT (East) onto E Aloha St, then immediately turn LEFT (North) onto 14th Ave E for 0.2 mi
9:04 AM	1.1 mi	<b>2</b> At 1368 E Prospect St, Seattle, WA 98102, turn LEFT (West) onto E Prospect St for 0.2 mi
9:05 AM	1.4 mi	<b>3</b> At 988 Federal Ave E, Seattle, WA 98102, turn RIGHT (North) onto Federal Ave E for 0.5 mi
9:06 AM	1.9 mi	Turn RIGHT (East) onto E Howe St for 87 yds
9:07 AM	1.9 mi	<b>4</b> At E Howe St, Seattle, WA 98102, turn LEFT (North) onto 11th Ave E for 0.3 mi
9:07 AM	2.2 mi	<b>5</b> At 2306 11th Ave E, Seattle, WA 98102, return South on 11th Ave E for 142 yds
9:07 AM	2.2 mi	Turn LEFT (East) onto E Boston St for 0.2 mi
9:09 AM	2.5 mi	Road name changes to 15th Ave E for 0.4 mi
9:10 AM	2.8 mi	Turn LEFT (East) onto E Galer St for 0.4 mi
9:11 AM	3.2 mi	<b>6</b> At 1297 22nd Ave E, Seattle, WA 98112, turn RIGHT (South) onto 22nd Ave E for 0.8 mi
9:13 AM	4.0 mi	Turn LEFT (East) onto E Thomas St, then immediately turn RIGHT (South) onto 23rd Ave (E) for 0.5 mi
9:16 AM	4.5 mi	<b>7</b> At 1611 23rd Ave, Seattle, WA 98122, turn RIGHT (West) onto E Pine St for 0.3 mi
9:17 AM	4.8 mi	Turn RIGHT (North) onto 17th Ave, then immediately turn LEFT (West) onto E Madison St for 142 yds
9:18 AM	4.9 mi	Turn RIGHT (North-West) onto 16th Ave, then immediately bear LEFT (West) onto E Pine St for 0.4 mi
9:20 AM	5.3 mi	<b>8</b> Arrive 1574 10th Ave, Seattle, WA 98122